Fox News Fired Megyn Kelly
After Controversial Drug Discovery
Saturday, February 11, 2017 | By Susan Miller

(US Weekly News) - After 12 successful years with Fox news, Megyn Kelly’s sudden move on from the Fox Network surprised many viewers. Rumors were that there was a bidding war between Fox and CNN, but neither network confirmed that. Now we have confirmed that Fox fired her.

What happened?
Reports are now indicating that a FOX Producer saw Megyn Kelly taking pills on set multiple times, which he reported to FOX executives. Kelly was experiencing dramatic weight loss at the time, which ultimately led FOX with many questions and issues — they couldn’t have one of their stars using drugs, so they decided not to renew Kelly’s contract.

After extreme accusations from FOX, Kelly finally fired back with her side of the story in an interview with Jimmy Fallon. The TV star cleared the air and assured fans that she was not taking drugs, but what they saw her taking on set was Garcinia™, an over-the-counter natural supplement she’s been taking to lose weight.

“Was I shocked? Devastated? Heartbroken? Of course because I didn’t think that would ever happen. But certain things were said and there’s no looking back now, I just wanted to clear the air because my fans deserve the truth.” Megyn Kelly said on The Tonight Show.

“This was a blessing in disguise, Jimmy. I’ve been flirting with the idea of moving onto a new network, and now I can finally do it! No hard feelings towards FOX.”

Megyn Kelly isn’t the only celebrity endorsing this fat burning wonder. Melissa McCarthy, Carrie Underwood and Wendy Williams have all reported to have lost a significant amount of body fat using the same diet. This new product is the hottest thing in Hollywood right now, and not without reason either. This clinically proven formula can melt off 8 lbs of fat every 7 days, flush out the junk in your body, and prevent your body from producing additional fat. And best of all, the product is completely natural. Doubtful about the results, we did more research.

All Natural Garcinia Cambogia has been featured by renowned Dr. Oz on his television show as well as NBC and CNN news outlets.

We had to know more about exactly what this All Natural Garcinia Cambogia was all about. We had never heard of it before, but now we were intrigued. After clearing it with our legal team, our lead editor pushed for a case study. Our eager new reporter Alice Clemmens was more than happy to be our guinea-pig. She was assigned the task of trying this celebrity diet and documenting all of it for the next 31 days.

Above is the All Natural Garcinia Cambogia fruit, native only to India. The High Levels of HCA boost production of Leptins by 150%, which regulates fat storage.

Before she started, we needed to make sure this was the right Garcinia product. Our insider had warned us that 90% of all Garcinia products are less than 30% All Natural Garcinia Cambogia, the rest are edible fillers. After days of research, we found All Natural Garcinia Cambogia™ to be the top choice on Amazon. With over 4,000 positive comments and an overall rating of 4.9, we were sold.

The secret behind All Natural Garcinia Cambogia is its ability to suppress the appetite and increase the speed of your metabolism, while flushing out your stored fat tissue cells and digestive system.

All Natural Garcinia Cambogia has been clinically proven to:
- Increase the speed of metabolism by 70%
- Increase HCA levels and production of leptins by 150%
- Help the body burn fat as energy instead of storing it
- Rich in antioxidants and serotonin, boosting energy levels
- Reduce levels of Cortisol (the stress hormone) to improve mental health
- Help Eliminate Bad Toxins & Extra Fat Tissue Cells That Have Been Built Up Over the Years

Click to page 2 Lose It!
From page 1 - Lose it!

For our Case Study, we ordered a sample bottle of All Natural Garcinia Cambogia. Three days later it was delivered. Below are my results… They are interesting to say the least!

My Results – I lost 28 lbs of stomach fat in just one month using the All Natural Garcinia Cambogia, I look and feel great! – Alice Clemmens (Us Weekly News)

It’s Day 7 of taking All Natural Garcinia Cambogia. When I started I weighed 162 pounds. I’m at 155 after 7 days, but that’s most likely water weight that I lost, and some fat burned. However, I feel the impact that it’s made. I feel so much more energetic. I usually crash around 3PM at work and feel lazy and that has completely disappeared at this point.

Then at Day 14, I got on the scale and weighed 145. 10 more pounds gone. I’ve lost over 17 pounds in 14 days so far, but again the first 10 pounds are usually water weight. I do feel less stress and I noticed I don’t twist and turn in bed anymore. I feel more energetic in the mornings as well.

At Day 18 of the All Natural Garcinia Cambogia diet. Before I even got on the scale I noticed my pants were looser than usual. The scale said 142. I haven’t weighed less than 145 ever since I got married. I’ve even got a couple compliments by co-workers and friends! At this point I know the diet works, but the 35 pound claims by people on Amazon may be difficult to achieve. We’ll see in the next few weeks.

On Day 28 I weigh 136. I definitely cut down on my sugar intake this week. There is still 4 more days, I’m so excited at this point. My husband is actually flirtying with me again. We went out last night and for the first time in years, I’ve notice him getting irritated when other men look at me! The last time that happened was when we just got married!

Finally!! It’s day 31, I officially weigh 134 pounds and I’ve lost over 28 pounds in 31 days. Words can’t explain how amazing I feel. It’s a lot easier to shop now a days. It doesn’t take me forever to find the perfect size any more. No more asking “Do you have this in a bigger size?” It’s even helping my marriage, my husband and I started actually going out on the weekends like we did before we got married!

In Conclusion, we were a little doubtful here at Us Weekly News, but you need to try the effects of this diet for yourself; the results are real. After conducting our own personal study we are pleased to see that people are really finding success with it, myself included. And you have nothing to lose. Follow the links I have provided and know that you will be getting quality products that work; no strings attached!

More Testimonials
Tina Lewis - I have been using this weight loss product for 3 weeks now, and I lost 12 pounds already.

Tanya Porquez - I’ve been using the product for about 6 wks (All Natural Garcinia Cambogia), and honestly, this is unbelievable, all I have to say is WOW.

Jennifer Jackson Mercer Garcinia Cambogia is all natural and awesome!

Katy Parrott - Never even knew about such a product. I am very much pleased after using it.

Amanda Gibson - I saw this on the news. How lucky is this US Weekly editor Susan to have found this opportunity?!?! Thank you for sharing this tip! I just ordered both products.

Sarah Williams - Actually the whole Kardashian family is on All Natural Garcinia Cambogia, Ill try it, see what it does.

Kirsten Bauman Riley The Kardashian family actually has lost a lot of weight using this product. I’m going to give these products a chance to work their magic on me. I’ve tried everything out there and so far nothing has been good enough to help me.

Celia Kilgard - Worked for me! It worked just like I thought it would. It was easy enough and I just want others to know when something works.

Megyn Kelly recently revealed on Vanity Fair that celebs all over Hollywood have been using this little secret for YEARS! She explains what she was told by famous celebrity dietician Dr. Oz. - "It's the lack of a single ingredient that prevents so many people from losing weight!"

Absent from contemporary processed food, All Natural Garcinia Cambogia is a fruit extract from India that can achieve wonders for weight loss. Supporting your diet with this ingredient allows you to lose up to 8 lbs per week!

It’s been proven that the All Natural Garcinia Cambogia supplement helps suppress appetites, burn fat and keep off unwanted weight.

"All my friends kept telling me about how amazing All Natural Garcinia Cambogia is. I've had trouble with my weight since middle school, so you can imagine how desperate I was to finally look and feel as great as my friends seemed to every summer. I finally tried All Natural Garcinia Cambogia, " - Jenna, Los Angeles

Editor’s Comments: The foregoing article is not an endorsement of Garcinia Cambogia. This publication has not engaged in research to verify if weight loss can be achieved by consuming the product or if any ill effects might be brought on by them.

Spokesmen USA has published the article because it is so acutely aware of the need for such a product that actually works; and, because this editor actually watched Megyn Kelly lose so much weight in such a short time that I posed the thought that she might either be very ill or on one or another drug.

Thank God that she was only losing weight! BUT, as many of you try the product for yourselves, perhaps you will enjoy such amazing results.

Were that to be the case, please email your testimony to editor@spokesmenusa.com so that we can share the information more freely in the future.

Having been more than 245 lbs. on a 145 lb. frame, I know the agony of being over weight. Had I not brought it to 165, this 85 yr. old would be dead long ago.
A close friend of mine is a car aficionado. He recently brought to my attention an article in the March issue of Motor Trend magazine that describes advances in 3-D printed car parts. I’ll have to admit that I was skeptical, as I was in the 1970s when I took a ride on my step-brother’s plastic motorcycle. But I was wrong then (it was a good bike), and in doing some reading now on 3-D printed car parts, I’ve become intrigued by the benefits.

The New Technology

The article my friend sent me was a column by Frank Markus entitled "3-D Classes: Showing the Industry a New Way to Design and Build Cars" (Motor Trend, March 2017).

The article addresses the work of Kevin Czinger, who researched the environmental impact of gas and hybrid automobiles due to his concern for the planet.

He found that manufacturing the vehicles and the fuel accounted for more than 75 percent of the vehicle’s environmental impact (according to Argonne National Lab’s life cycle GREET model data). So he began to look for alternatives to metal stamping and welding car parts.

Czinger therefore founded Divergent 3D in Gardena, California, where he uses "off-the-shelf carbon-fiber tubing and sheet goods," along with 3-D custom printing, to create an auto chassis that is cheaper to manufacture and significantly lighter in weight than a traditionally produced product.

It will "accommodate any type of body, powertrain, and feature content" ("3-D Classes: Showing the Industry a New Way to Design and Build Cars").

According to the article, Czinger’s process for a "prototype Blade uses 69 nodes, each of which are 3-D printed by laser sintering powdered aluminum to connect an intricate web of carbon-fiber tubes and honeycomb-aluminum or carbon-fiber sheet paneling—all off-the-shelf commodity parts" ("3-D Classes: Showing the Industry a New Way to Design and Build Cars").

(As a point of interest, laser sintering is one of a number of processes, including direct metal laser sintering, selective laser sintering, and electron beam additive manufacturing, that use a laser or electron beam to melt and fuse powdered metal or wire into a usable—and stable—3-D form, building up the substance layer by layer from a 3-D computer-aided design model.)

Frank Markus’ article then notes the bottom line: a "drastic drop in manufacturing cost and complexity." And, by inference, if there’s a drop in the complexity of manufacturing, there will be a lessened effect on the environment.

The Effects of the New Technology

As I read the article, I am reminded of the LEGO plastic building toy I had in the ’60s that let children build practically anything with a limited number of interlocking plastic parts.

What Czinger seems to be doing is identifying those parts that need to be unique, producing these via 3-D additive manufacturing, and then using these custom-built car parts along with standard (albeit simpler and lighter than usual) parts to complete the car chassis building process. Simpler equals cheaper and less damaging to the environment.

If the chassis of the car is strong but much lighter than usual, it seems that fuel efficiency will increase. For performance cars (like those in Motor Trend magazine), this will equate to faster speeds. However, it will also equate to a dramatic increase in fuel efficiency. Less fuel, as Czinger found in his initial research, will combine with less complex manufacturing to reduce the impact of a vehicle on the environment.

Czinger’s Divergent 3D process apparently sidesteps the need for painting car parts. Markus’ article notes that the "unstressed composite body panels get molded in color or wrapped" Eliminating a painting step in car production will dramatically reduce volatile organic compounds (VOCs), further lessening the environmental impact of the manufacturing process.

From the point of view of manufacturing in general (as opposed to the auto industry in particular),

You are openly invited
To offer your viewpoints, criticisms and inspirations for possible inclusion in future publications of The Spokesmen and become another . . . . . . . SPOKESMEN
Such offerings must be e-mailed to editor@spokesmenusa.com
Due to limited staff, ALL articles must be presented by email
Articles should be under 500 words
Pictures should be clearly labeled.
More than two-thirds of American workers fear that robots will take over their jobs. But human resource leaders are predicting a much brighter future, one where automation can revitalize manufacturing in the United States and increase demand for skilled workers.

Of the 400 human resource leaders that were surveyed for Randstad Sourceright's 2017 Talent Trends Report, a clear majority said that automation and robotics will have a positive impact on U.S. business growth and will influence hiring over the next several years.

If you love or fear robots, one thing is clear: workplace automation cannot be stopped. More than 15 percent of global human resource leaders say that robotics completely transformed their businesses in 2016, and more than double that number (31 percent) expect automation to have an even greater influence in 2017.

Rather than feeling threatened by the automation trend, nearly two-thirds (65 percent) of human resource leaders see artificial intelligence and robotics as having a positive impact on their businesses over the next three to five years. Across all the industry sectors we surveyed, businesses were optimistic about technology’s ability to reduce costs, improve quality and increase output.

Recognized as one of the industry’s most prominent thought leaders, Rebecca Henderson is Chief Executive Officer of Randstad Sourceright. Throughout her career, Henderson has been instrumental in transforming how companies manage complex and evolving workforce demands, earning a reputation as one of the staffing industry’s most innovative executives and progressive thought leaders.

A Polish person went to have their eyes tested. The eye test chart read: N Y X C S F R U Z. The optom asked, ‘can you read any of those letters?’ ‘read it?’ the polish person answered, ‘i know him!’

“Yes, of course,” said the doctor, “why not!”

“Oh! How nice it would be,” said the patient with joy, “I have been illiterate for so long.”

Patient: I keep getting a stabbing pain in my eye every time I drink coffee

Optom: Have you tried taking the spoon out of the cup?
During these serious and troubled times, people of all faiths should remember these four great religious truths:
1. Muslims do not recognize Jews as God’s Chosen People.
2. Jews do not recognize Jesus as the Messiah.
3. Protestants do not recognize the Pope as the leader of the Christian world.
4. Baptists do not recognize each other at the liquor store.

GOOD SAMARITAN
A Sunday school teacher was telling her class the story of the Good Samaritan. She asked the class, “If you saw a person lying on the roadside, all wounded and bleeding, what would you do?”

A thoughtful little girl broke the hushed silence, “I think I’d throw up.”

DID NOAH FISH?
A Sunday school teacher asked, “Johnny, do you think Noah did a lot of fishing when he was on the Ark?”

“No,” replied Johnny. “How could he, with just two worms.”

THE LORD IS MY SHEPHERD
A Sunday School teacher decided to have her young class memorize one of the most quoted passages in the Bible - Psalm 23. She gave the youngsters a month to learn the chapter. Little Tommy was excited about the task - but he just couldn’t remember the Psalm. After much practice, he could barely get past the first line.

On the day that the kids were scheduled to recite Psalm 23 in front of the congregation, Tommy was so nervous. When it was his turn, he stepped up to the microphone and said proudly, “The Lord is my Shepherd, and that’s all I need to know.”

UNANSWERED PRAYER
The preacher’s 5 year-old daughter noticed that her father always paused and bowed his head for a moment before starting his sermon. One day, she asked him why.

“Well, Honey,” he began, proud that his daughter was so observant of his messages. “I’m asking the Lord to help me preach a good sermon.”

“How come He doesn’t answer it?” she asked.

BEING THANKFUL
A Rabbi said to a precocious six-year-old boy, “So your mother says your prayers for you each night? That’s very commendable. What does she say?” The little boy replied, “Thank God he’s in bed!”

ALL MEN / ALL GIRLS
When my daughter, Kelli, said her bedtime prayers, she would bless every family member, every friend, and every

There are no figures telling how many atheists live in America, unlike most other classifications in the makeup of our nation. It may be because they’re one group that don’t want to be known to the public, much like communists.

There are organizations that admit who they are, such as the ACLU. There are many in the public that show support to the ACLU because they believe their hype, that they’re the principal group that keeps their eyes open to protect small vulnerable groups from giant enemies of all stripes.

The reason ACLU was created in the beginning was to make all the trouble for Christianity that was possible by legal means. Its makeup was Communist and anti-Christianity was their goal from the beginning.

Then there are some who have a personal grudge against one church or its leader and lump all churches together, saying they all have the same selfish agenda and opportunity to fleece the public.

However most of those types of Christian enemies don’t take that adversary to court and insist that all public displays of religion must be removed and cease being obnoxious to atheists.

When these kinds of cases get to court the anti-religious will make inflammatory statements and by these actions and statements gain some notoriety in the media. These lawyers are word merchants who choose their words carefully before each public appearance and can make monkey poop sound like apple butter so many who are on the fence will be swayed to their corner.

Even some of our friends may have agreed with some arguments for the wrong side than we’re comfortable with, to point up the problem.

We’re all acquainted with the antics and the results; more and more of our public displays of things like manger scenes, angels, open bibles, Ten Commandments stones or bronze tablets all lose the court battles.

Christians sit back and take the loss of their public icons without even a whimper.

We have no Christian lawyers who take to the battle field and win the court battle to keep our Christian symbols in public buildings. It’s very near the point where the only place a cross may be displayed is inside a church. I’d be in favor of civil disobedience when it comes to complying with removal orders and take the whole issue to the next level. The lawyer for our side could insist that those who object to the Christian icon must prove who and how one may be injured by the presence of the Christian display in question.

This is the exact tactic the atheists use on us and we could just as well use the same tactic in reverse.

Their victories in many areas including the damper they put on Christmas, make me think the leftists will...
CAUSE OF HICCUPS

http://www.mayoclinic.org

Hiccups are caused by involuntary contractions of your diaphragm — the muscle that separates your chest from your abdomen and plays an important role in breathing. This involuntary contraction causes your vocal cords to close very briefly, which produces the characteristic sound of a hiccup.

Editors Suggestion:
Spokesmen has found that, of all of the places a person can research diseases and symptoms, http://www.mayoclinic.org is certainly one of the most complete, useful and accurate available to the non-professional. It is also a well known fact that Mayo Clinic is a great place to obtain treatment for those desiring the practical approach to cure their infirmities.

YOU WON’T SAY!

"I've failed over and over and over again in my life and that is why I succeed." —Michael Jordan

"Don't wait. The time will never be just right." —Napoleon Hill

"Anyone who has never made a mistake has never tried anything new." —Albert Einstein

"I fear not the man who has practiced 10,000 kicks once, but I fear the man who has practiced one kick 10,000 times." —Bruce Lee

"Life is about growing and improving and getting better." —Conor McGregor

"Wisdom begins in wonder." —Socrates

Or Maybe You Will!

Shriners Hospitals for Children — St. Louis is now partnering with the Cleft Lip and Craniofacial Institute at St. Louis Children’s Hospital to provide care for children with these conditions.

The Institute, formed in 1978, is the largest and oldest center of its kind in the Midwest. The team has treated more than 3,000 patients with cleft lip and palate, and another 2,400 with major craniofacial anomalies.

The Institute offers comprehensive evaluation, diagnosis and treatment for congenital (from birth) and acquired head and neck deformities.

Two members of the Institute — who are also Washington University School of Medicine faculty members — Dr. Kamlesh Patel and Dr. Alison Snyder-Warwick — have joined the staff at Shriners Hospitals for Children — St. Louis, to offer an outpatient clinic for plastic surgery evaluations and perform minor surgeries at the St. Louis Shriners Hospital that don’t require intensive care unit stays. (In those cases, the procedures will be performed at St. Louis Children’s Hospital.)

Craniofacial conditions treated include:
• Craniofacial, including craniosynostosis
• Cleft lip and palate
• Facial trauma/fractures
• Septoplasty/rhinoplasty
• Facial plastic surgery in children
• Speech surgery (VPI)
• Orthognathic jaw surgery
• Orbital reanimation
• Orbital reconstruction
• Head shaping

Other conditions not listed above will be considered on an individual case-by-case basis with consideration given to the expert care provided by this and other Shriners Hospitals for Children. If, during the referral/inquiry process, our clinical team determines the patient’s needs would be best met at another Shriners Hospitals for Children, we will refer the patient to the appropriate hospital.

Collaborative approach to care
The specialists at Shriners Hospitals for Children — St. Louis provide a comprehensive approach to meeting each child’s individual needs through expert evaluation and treatment. As a team working with parents, our goal is to restore each child physically, emotionally and socially. Every child is evaluated by a team of professionals who coordinate the child’s treatment. All care and services are provided regardless of the families’ ability to pay.

DIM VIEW
A woman walks into an optician to return a pair of spectacles that she purchased for her husband a week before.

The assistant asks, “What seems to be the problem, Madam?”

The woman replies, “I’m returning these spectacles I bought for my husband. He’s still not seeing things my way.”

How do you make a blonde’s eyes twinkle?
-SHine a light in her ear
It’s painfully obvious just how panicked the Obama administration was when Donald Trump won on November 8th – because the sheer amount of power-grabs they pulled in their final days was unprecedented.

**LOOK AT THE OBVIOUS**
- He tried to permanently fund Planned Parenthood.
- He undermined Utah and Nevada state officials when he stole their land and made it into federal parks.
- He released terrorists from Gitmo.
- He then unleashed countless of felons onto the streets; and, although this arguably might not be his worst act in his final hours of office, it is certainly disgraceful.
- He gave $221 million of taxpayers’ money to the Palestinians on the morning of Trump’s inauguration.
- He said he it was going ahead with the release of another $6 million in foreign affairs spending, including $4 million for climate change programs and $1.25 million for U.N. organizations, the congressional aides said.

**ALSO OBVIOUS WAS**
His aides and the State Department official weren’t authorized to speak publicly on the matter of these gifts and demanded anonymity. Why in the world would they demand anonymity unless there was something to hide?

This wasn’t the first time Obama had granted federal funding to the Palestinian Authority despite Congress’ objections, either.

In 2012, he unblocked nearly $200 million of frozen money to the Palestinians by using a legal waiver in the Palestinian Accountability Act.

So the irresponsible logic from Obama here is to pay taxpayers’ money to the terrorist-tied Palestinians so that they’ll hopefully remain accountable?

The Associated Press also reported: “The Obama administration had for some time been pressing for the release of the money for the Palestinian Authority, which comes from the U.S. Agency for International Development and is to be used for humanitarian aid in the West Bank and Gaza, to support political and security reforms as well as help prepare for good governance and the rule of law in a future Palestinian state, according to the notification sent to Congress.

The $1.25 million for U.N. agencies is to be used as voluntary contributions to the U.N. Peacebuilding Fund; the U.N. Special Coordinator on improving the U.N. response to sexual exploitation and abuse; the Montreal Protocol Secretariat, which oversees the protection of the ozone layer; the Inter-American Commission on Human Rights; and the U.N. System Staff College.

The $4 million for climate programs includes assistance for clean energy, sustainable landscapes, cutting greenhouse gas emissions and creating a climate technology center.

The last-minute allocation also contained $1.05 million in funding for the State Department’s Special Representative for Afghanistan and Pakistan office and the Bureau of South and Central Asian Affairs.”

Obama intentionally ignored Congress’ request to keep the money frozen and to renounce the Palestinian Authority with ties to international organizations, which of course, infuriated them.

The Palestinian Authority reportedly provides compensation to the families of terrorist prisoners incarcerated in Israeli prisons, as well as to the families of those who have killed themselves in attacks on Israeli civilians.

It goes without saying that Obama followed through on this act in the final hours of his presidency because President Trump vowed to be a strong supporter of Israel and will be visiting with Prime Minster Benjamin Netanyahu soon.

Traitor Obama just had to send one last selfishly disgraceful message.

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**EDITORIAL COMMENT:** This newspaper is in harmony with the conservative views of the Tea Party and others of like mind.

Those who have an open mind are reading our comments and **many are abandoning the Democratic party because of their faith and because of that party’s immoral views.**

**It is becoming more and more difficult to continue the newsstand publication of The SpokesmenUSA without financial assistance.**

A host of small gifts from our readers will make the ongoing publication possible.

Those wishing to give should make their checks payable to: SpokesmenUSA and mail them to: PO Box 1, Alamogordo, NM 88311

“We will always remember. We will always be proud.
We will always be prepared, so we will always be free.”

—Ronald Reagan
I used to think I was just a regular guy, but...I was born white, which now, whether I like it or not, makes me a racist.

I am a fiscal and moral conservative, which by today's standards, makes me a fascist.

I am heterosexual, which according to gay folks, now makes me a homophobic.

I am non-union, which makes me a traitor to the working class and an ally of big business.

I am a Christian, which now labels me as an infidel.

I believe in the 2nd Amendment, which now makes me a member of the vast gun lobby.

I am older than 65, which makes me a useless old man. I think and I reason, therefore I doubt much that the mainstream media tells me, which must make me a reactionary.

I am proud of my heritage and our inclusive American culture, which makes me a xenophobe.

I value my safety and that of my family and I appreciate the police and the legal system, which makes me a right-wing extremist.

I believe in hard work, fair play, and fair compensation according to each individual's merits, which today makes me an anti-socialist.

I believe in the defense and protection of the homeland for and by all citizens, which now makes me a militant.

A sick old woman said me and my friends are a basket of deplorables. Please help me come to terms with the new me... because I'm just not sure who I am anymore!

I would like to thank all my friends for sticking with me through these abrupt, new found changes in my life and my thinking!

I just can't imagine or understand what's happened to me so quickly!

A friend told me, “You voted for Trump. That makes you either intelligent or extremely smart, depending on which side of the isle you’re on.

As if all this crap wasn’t enough to deal with, I’m now on food stamps, collecting disability and afraid to go into any restroom.

“The media is the opposition party in many ways...”

– President Donald Trump

President Donald Trump is right: the establishment elite-controlled mainstream media were the biggest opponent of his 2016 campaign – and they are now leading the charge to delegitimize his administration and destroy his agenda.

Of course, this is nothing new – conservatives have been mistreated by the mainstream media for as long as I can remember – I’ve been their target many times myself.

But, because he is determined to pursue an agenda which benefits the American people instead of the establishment elite, the seething resentment and unhinged attacks of what is rightly called "fake news" have reached unprecedented levels of irresponsibility and dishonesty against President Trump.

Our new Chief Executive has already made good on some of his biggest campaign promises –

• he’s scrapped the disastrous Trans-Pacific trade deal,
• authorized construction of the stalled Keystone Pipeline,
• signed an executive order to finally build that wall on our border with Mexico,
• and worked to make us safer – all of which the media have savaged.

If he is going to succeed in the face of such opposition, demonizing, and outright lies, President Trump will need your help.

That’s why Great America Alliance couldn’t have arrived at a more crucial time – for Donald Trump’s agenda – and America’s future.

Great America Alliance is assembling an incredible team of political innovators and has plans to spend as much as $80 million over the course of 2017 to push back against the false media narratives, educate the public with accurate information, and champion our President’s agenda.

I’m proud to join forces with Great America Alliance because I believe in what they’re doing: carrying on the political work that must be done to make President Donald Trump’s desperately needed reform agenda possible in the face of tremendous political establishment resistance.

America needs Donald Trump to get this right – and our new President needs Great America Alliance behind him to do it. Will you get behind their work today? Sign up now to receive the latest news, articles, and media from Great America Alliance. – please get onboard with Great America Alliance today! - Newt Gingrich Co-Chair, Great America Alliance

When you give your support to Great America Alliance today, you’ll be empowering our fight to smash the biased mainstream media narrative and counter their attacks on President Trump. Will you step forward now? Thanks again, Newt Gingrich

CONTACT: Leigh Beach
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http://www.GreatAmericaAlliance.com/
They forgot to mention that these figures tend to remain more or less permanent with Muslim migrants. A very small minority integrate themselves into the job market or make efforts to educate themselves and get out of the welfare system, as many European figures show.

Prophet Mohammed was orphaned, illiterate and jobless, sustaining himself on crimes. So education and employment is not an important factor. In addition, the Koran encourage Muslims to collect jizya – blood tax – from kafirs, the non-Muslims, and welfare is looked upon as jizya.

Collecting money from non-Muslims is considered a legal entitlement since the kafir is not entitled to any land or laws of their own anywhere, meaning their presence on a land or country of their own is a “theft” of “occupation” of what should be Muslim land.

USA Muslim refugees 91.4% on food stamps, 68.3% on Cash Welfare

Immigration Subcommittee Background:
The statistics in the chart are provided by the Office of Refugee Resettlement (ORR) in the U.S. Department of Health and Human Services. The ORR figures defined refugees from the “Middle East” as being from Afghanistan, Iran, Iraq, Jordan, Kuwait, Lebanon, Saudi Arabia, Syria, Turkey, and Yemen.

During the time period referenced in the chart (FY2008 to FY2013), the United States admitted 115,617 refugees from the Middle East and granted asylum to another 10,026.

Also during this 5-year time frame, according to the Department of Homeland Security, the United States granted permanent admission to a total of 308,805 individuals from these same 10 Middle Eastern countries (designated as refugee-sending nations) through the issuance of green cards.

Those with green cards are Lawful Permanent Residents (LPRs) of the United States who may apply for citizenship after 5 years and bring their foreign relatives into the U.S. on green cards as well.

Refugees are required to apply to adjust to LPR status within 1 year of their admission to the United States. The DHS 2013 report on Refugees and Asylees list the top ten countries, numerically, for refugee admission into the United States as:

1. Iraq
2. Burma
3. Bhutan
4. Somalia
5. Cuba
6. Iran
7. Congo
8. Sudan
9. Eritrea
10. Ethiopia

More broadly, concerning all immigration, the Migration Policy Institute notes that the U.S. has taken in “about 20 percent of the world’s international migrants, even as it represents less than 5 percent of the global population,” and that 1 in 4 U.S. residents is now either an immigrant or born to immigrant parents.

The Census projects that another 14 million immigrants will arrive in the United States between now and 2025, easily eclipsing the highest previous historical watermark for foreign-born population share.

**Truth**

by Wes Bush  
wes@ucf.net

**Escape From God’s Law**

Every time mankind attempts self-government he begins to enact law born of carnal reason rather than God’s divine inspiration. This is always a futile effort to justify man’s transgression, allowing him an avenue of escape other than honest confession to God and manifest repentance. This annuls God’s sovereignty and His supremacy as judge of all things.

The product of this practice always falls short of the Glory and blessing of God. With intent, either to do good or to do harm, man, comes thereby, into opposition to All Mighty God.

**Romans 13:9-10 KJV**

For this, Thou shalt not commit adultery, Thou shalt not kill, Thou shalt not steal, Thou shalt not bear false witness, Thou shalt not covet; and if there be any other commandment, it is briefly comprehended in this saying, namely, Thou shalt love thy neighbour as thyself. Love worketh no ill to his neighbour. Love is the fulfilling of the law.

**Legitimizing Sin**

**Le·git·i·mize/ləˈjidəˌmīz/**

Synonyms: validate, legitimate, permit, authorize, sanction, license, condone, justify, endorse, support; legalize

From the beginning we Americans have been legitimizing sin.

When I was a child (I am now 85) the very thought of aborting a child would have immediately thrown one to his/her knees in repentance; but, to attempt to “get even” with an enemy in a court of law had become common place.

That practice has now morphed into, “sue him for all he has; I WANT HIS SUBSTANCE!”

AND, late term abortion has become a common form of contraception because the clinics can sell the body parts for ‘big bucks!’

A man’s word was his bond when I was a teenager. If he voiced it with his mouth you could count on it; and for a government official to speak anything; or, a newspaper to print it was almost as sacred as reading it in the Holy text. (regarded as too important or valuable to be interfered with.

Synonyms: sacred, hallowed, respected, inviolable, inviolate, unimpeachable, invulnerable, untouchable, inalienable.

**How will it all end?**

Malachi 3:5-7 KJV

5 I will come near to you to judgment; and I will be a swift witness against the sorcerers, and against the adulterers, and against false swearers, and against those that oppress the hireling in his wages, the widow, and the fatherless, and that turn aside the stranger from his right, and fear not me, saith the Lord of hosts.

6 For I am the Lord, I change not; therefore ye sons of Jacob are not consumed.

7 Even from the days of your fathers ye are gone away from mine ordinances, and have not kept them. Return unto me, and I will return unto you, saith the Lord of hosts.

**God does not change and, once given, neither does His Word.**

Will there really be a doom’s day?

Lifescope says, “Yes, but you can be exempt!”

"Watch now," the Lord of Hosts declares, "the day of judgment is coming, burning like a furnace. The proud and wicked will be burned up like straw; like a tree, they will be consumed - roots and all. But for you who fear My name, the Sun of Righteousness will rise with healing in His wings. And you will go free, leaping with joy like calves let out to pasture. Then you will tread upon the wicked as ashes underfoot," says the Lord of Hosts. "Remember to obey the laws I gave all Israel through Moses my servant on Mount Horeb.

"See, I will send you another prophet like Elijah before the coming of the great and dreadful judgment day of God. His preaching will bring fathers and children together again, to be of one mind and heart, for they will know that if they do not repent, I will come and utterly destroy their land."

Let your attitude to life be that of Christ Jesus Himself. For He, Who had always been God by nature, did not cling to His privileges as God’s equal, but stripped Himself of every advantage by consenting to be a slave by nature and being born a man. And, plainly seen as a human being, He humbled Himself by living a life of utter obedience, to the point of death, and the death He died was the death of a common criminal. That is why God has now lifted Him to the heights, and has given Him the name beyond all names, so that at the name of Jesus "every knee shall bow," whether in heaven or earth or under the earth. And that is why "every tongue shall confess" that Jesus Christ is Lord, to the glory of God the Father.

[Paul wrote:] Not that I claim to have achieved all this, nor to have reached perfection already. But I keep going on, trying to grasp that purpose for which Christ Jesus grasped me. My brothers, I do not consider myself to have grasped it fully even now. But I do concentrate on this: I forget all that lies behind me and with hands outstretched to whatever lies ahead I go straight for the goal - my reward the honor of my high calling by God in Christ Jesus. Now I long to know Christ and the power shown by His resurrection; now I long to share His sufferings, even to die as He died, so that I may somehow attain the resurrection from the dead.

From Mal. 4, Phil. 3, The Living Bible and The Phillips Translation.

For free Lifescope book, write to Box 1575, Carlsbad, NM 88221. Please send $1.00 for postage and handling.
The shoe is on the other foot and the Mexicans from the State of Sonora, Mexico do not like it. The State of Sonora is angry at the influx of Mexicans into Mexico! !

The state legislators from the Mexican State of Sonora traveled to Tucson to complain about Arizona's new employer crackdown on illegal's from Mexico.

It seems that many Mexican illegal's are returning to their hometowns and the officials in the Sonora state government are ticked-off.

A delegation of nine state legislators from Sonora was in Tucson on Tuesday to state that Arizona's new 'Employer Sanctions Law' will have a devastating effect on the Mexican state.

At a news conference, the legislators said that Sonora, Arizona's southern neighbor, made up of mostly small towns, cannot handle the demand for housing, jobs and schools that it will face as Mexican workers return to their hometowns from the USA without jobs or money.

The Arizona law, which took effect Jan. 1, punishes Arizona employers who knowingly hire individuals without valid legal documents to work in the United States.

Penalties include suspension of, or loss of, their business license. The Mexican legislators are angry because their own citizens are returning to their hometowns, placing a burden on THEIR state government instead of ours.

'How can Arizona pass a law like this?' asked Mexican Rep Leticia Amparano-Gamez, who represents Nogales.

There is not one person living in Sonora who does not have a friend or relative working in Arizona,' she said, speaking in Spanish.

Mexico is not prepared for this, for the tremendous problems it will face as more and more Mexicans working in Arizona and who were sending money to their families return to their hometowns in Sonora without jobs,' she said.

We are one family, socially and economically,' she said of the people of Sonora and Arizona.

Wrong! The United States is a sovereign nation, not a subsidiary of Mexico, and its taxpayers are not responsible for the welfare of Mexico's citizens. It's time for the Mexican government, and its citizens, to stop feeding parasitically off the United States and to start taking care of its/their own needs.

Too bad that other states within the USA don't pass a law just like that passed by Arizona. Maybe that's the answer, since our own Congress will do nothing.

Click to page 13  Angry!
Planned Parenthood Strikes Again!
February 27, 2017

Mobile, AL - Another Planned Parenthood patient has been transported by ambulance to a local emergency room, this time in Mobile, Alabama.

According to emergency radio communications obtained by Operation Rescue, an ambulance was called to the Mobile Health Center Planned Parenthood on Thursday, February 23, 2017.

An ambulance was dispatched at 1:23 p.m. for a 25-year old female patient who was 10 weeks pregnant who was experiencing vaginal bleeding and abdominal pain.

The ambulance reported to the back entrance of the Planned Parenthood abortion facility and took just nine minutes to evaluate her before transporting to a nearby hospital.

When emergency responders and clinic workers emerged from the abortion office with the gurney, the patient appeared to be curled up at the bottom of the gurney covered completely by a blanket or sheet.

"This is the truth about Planned Parenthood that the mainstream fake media will never tell you," said Operation Rescue President Troy Newman. "Planned Parenthood's legacy is wounded women and dead babies."

The new book, Abortion Free by Troy Newman and Cheryl Sullenger, tells step by step how to make your community abortion free! It is available for order at Amazon.com.

About Operation Rescue®
Operation Rescue is one of the leading pro-life Christian activist organizations in the nation and has become a strong voice for the pro-life movement in America. Operation Rescue is now headquartered in a former abortion clinic that it bought and closed in 2006. From there, Operation Rescue launches its innovative new strategies across the nation, exposing and closing abortion facilities by the aid of churches to supply crowds to attend the proceedings and have them prepared to make a short statement if asked by the media or an official.

I feel the climate is improving for Christians to take a stronger stand publicly than it may have been in the past even though we have some groups who stand with the atheists. Many citizens are beginning to push back against the socialist agenda of intrusion into the lives of everyone and we have some Christians whose beliefs are strong. We should take the admonition seriously that if we deny Jesus or God in our daily living, we may be denied later when it really counts. Especially when it involves unelected politicians we strongly disagree with.

Write or copy your story (500 words or less) and email it to:
editor@spokesmenusa.com

PICTURES & IMAGES
Be sure to include pictures in .jpg or .psd format

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Articles should refrain from critical, profane or lewd language and please do not include phoros of a sexual nature.

Think of the Spokesmen as ‘your’ newspaper and help us make the best presentation possible to ‘your’ newspaper’s readers.
From Page 11 - Angry!

*New Immigration Laws*

1. There will be no special bilingual programs in the schools.
2. All ballots will be in this nation’s language.
3. All government business will be conducted in our language.
4. Non-residents will NOT have the right to vote no matter how long they are here.
5. Non-citizens will NEVER be able to hold political office.
6. Foreigners will not be a burden to the taxpayers. No welfare, no food stamps, no health care, or any other government assistance programs. Any who are a burden will be deported.
7. Foreigners can invest in this country, but it must be an amount at least equal to 40,000 times the daily minimum wage.
8. If foreigners come here and buy land, their options will be restricted. Certain parcels including waterfront property are reserved for citizens naturally born into this country.
9. Foreigners may have NO protests; NO demonstrations, NO waving of a foreign flag, no political organizing, NO bad-mouthing our president or his policies. These will lead to deportation.
10. If you do come to this country illegally, you will be actively hunted and, when caught, sent to jail until your deportation can be arranged. All assets will be taken from you.

Too strict?
The above laws are the current immigration laws of MEXICO!
If it’s good for Americans to obey Mexican laws, then it's good vice versa!!!
The following will take less than thirty seconds to read. If you agree, share it with as many as you can.
An idea whose time has come: Somehow, that doesn't seem logical. We do not have an elite that is above the law.

From page 12 - Abortion

tion clinics through peaceful, legal means. Its activities are on the cutting edge of the abortion issue, taking direct action to stop abortion and ultimately restore legal personhood to the pre-born in obedience to biblical mandates. Click here to support Operation Rescue. Click here to make a secure donation online.
Web site: www.operationrescue.org
E-mail: info.operationrescue@gmail.com
Coffee
The Effect of Altitude on Flavor

Wikipedia

The influence of geography on the flavor of a coffee bean is profound. All coffee grows in the tropics, but the altitude at which it is grown contributes significantly to a coffee’s taste profile. Mountainous regions of the Coffee Belt, a tropical band extending approximately 30° north and south of the equator, produce the world’s truly great arabica coffees. Central and South America, southern Asia and some Pacific islands, and mid to southern Africa represent the world’s foremost coffee growing regions.

High elevations above 3,000 feet to 6,000 feet and beyond provide ideal growing conditions for the coffee tree: a frost-free climate averaging 60-70°F year-round, moderate rainfall of about 80 inches, and abundant sunshine. Cooler mountain temperatures provide a slower growth cycle for the coffee tree which prolongs bean development. This longer maturation process imbues the coffee bean with more complex sugars, yielding deeper, more interesting flavors. Better drainage at high elevations also reduces the amount of water in the fruit resulting in a further concentration of flavors. The soil in which the finest arabica coffees are grown is extremely fertile, and often volcanic.

High-grown beans are hard, dense, and possess the potential for exceptional coffee flavor. The truly stunning coffees are grown between 4,000 and 6,000 feet. These coffees are produced from fruit that is picked only when ripe and prepared with care following harvest. Central America grades the quality of its coffee based on the altitude at which it is grown. A strictly hard bean (SHB) designation in Guatemala, for example, signifies coffee grown at or above 4,500 feet. Mexico applies the term altura, meaning “high” in Spanish, to identify its high-altitude coffees while Papua New Guinea attaches a "Mile High" designation to its mountain-grown beans.

Generally, as growing elevation increases, a coffee’s flavor profile becomes more pronounced and distinctive (see graphic below). From the mild and sweet taste qualities of a low-grown Brazilian bean at 3,500 feet to the soaring floral notes of an Ethiopian grown above 6,000 feet, altitude heightens a coffee’s ability to deliver bigger varietal nuance and complexity.

Although the world’s finest coffees are found at elevations of at least 4,000 feet, some rare exceptions exist. Hawaiian Kona, for example, is so far north of the equator that coffee cannot be grown higher than 2,000 feet in that region. The microclimate is simply too cold to sustain a coffee tree that cannot tolerate frost.

Very low-elevation coffee regions impose harsher growing conditions on the coffee tree. Higher temperatures and less rainfall cause coffee to ripen more quickly resulting in beans with taste qualities that range from simple and bland to earthy or murky. The bean structure of these coffees grown downslope tends to be softer than the hard-bean coffees grown above 4,000 feet. Consequently, these more delicate coffees do not tolerate darker roasts well and suffer from increased flavor loss when stored.

High-altitude specialty coffees, on the other hand, generally command a far better market price due to their exceptional flavor and vibrancy, lower yield per coffee tree, and the challenge they pose to coffee farmers in remote mountainous areas who must produce and market the crops. Yet, altitude is but one factor that shapes a coffee’s overall flavor profile. To understand the two primary influences on the flavor of roasted coffee—the quality of the green (unroasted) coffee bean and the roast style applied to it—see the first two links below.
There is Coffee and then, there is **COFFEE**

Genus: Coffea. Overall, the genus has about 100 species, only a few of which are commercially relevant. Species not so common in specialty include ca-nephora (var. "Robusta") and liberica

1. **Turkish Coffee** – A traditional coffee drink served in the Middle East, fine ground coffee is immersed in water allowing maximum foam to form.

2. **Cold Brew Coffee** – A method of brewing that doesn’t use hot water. Instead, cold water and a longer period of time is used to create the finished cold coffee beverage.

3. **Iced Coffee** – Slightly different from cold brew coffee, iced coffee is prepared using a hot brew method and then cooled before serving.

4. **Vacuum Coffee** – A brew method using two chambers where vapor pressure and vacuum produce the final cup of coffee.

5. **Espresso** – A brew method and coffee that is ground and packed very fine. A small amount of water is added creating a different taste and strength of the coffee.

6. **Caffe Americano** – An espresso drink where hot water is added to espresso creating a coffee similar in strength but different in taste to regular drip coffee.

7. **Cafe Cubano** – Originally from Cuba, this coffee drink is an espresso that has demerara sugar added.

8. **Caffe Creama** – A long espresso drink primarily served in Switzerland, Austria, and northern Italy beginning in the 1980s.

9. **Cafe Zorro** – A double shot of espresso added to water using a 1:1 ratio.

10. **Doppio** – A double shot of espresso served in a demitasse cup.

11. **Espresso Romano** – A shot of espresso served with a slice of lemon on the side.

12. **Guillermo** – Two shots of hot espresso poured over lime slices, sometimes served on ice.

13. **Ristretto** – Espresso made with the same amount of coffee but half the amount of water.

14. **Lungo** – The opposite of the Ristretto, this drink is made with more water.

15. **Cappuccino** – Espresso made with hot milk and steamed milk foam.

16. **Latte** – Espresso made with steamed milk in a 1:3 to 1:5 ratio with a little foam.

17. **Flat White** – An espresso made similar to a latte only with textured milk.

18. **Macchiato** – An espresso made with a small amount of foamed milk, similar to a cappuccino only stronger.

19. **Breve** – Espresso served with half milk and half cream.

20. **Antocino** – A single shot of espresso served with steamed milk in a 1:1 ratio.

21. **Cafe Bombon** – Popularized in Spain, this drink is an espresso made with sweetened condensed milk.

22. **Caffee Gommosa** – An espresso poured over a single marshmallow.

23. **Cortado** – An espresso cut with a small amount of warm milk to reduce the acidity.

24. **Espressino** – A drink made from espresso, steamed milk and cocoa powder.

25. **Galao** – Originating in Portugal, this drink is an espresso mixed with foamed milk and served in a tall glass.

26. **Cafe au lait** – Strong coffee made with scalded milk in a 1:1 ratio.

27. **Ca phe sua da** – A coffee drink originating in Vietnam that literally means “iced milk coffee.” It is made by mixing black coffee with a quarter to a half as much sweetened condensed milk and poured over ice.

28. **Egg coffee** – A Vietnamese drink made with egg yolks, sugar, condensed milk and Robusta coffee.

29. **Eiskaffee** – A German drink made with iced coffee and vanilla ice cream.

30. **Kopi susu** – Coffee made with sweetened condensed milk that is then allowed to cool so the grounds sink to the bottom of the glass.

31. **Vienna Coffee** – Coffee or espresso made with whipped cream with milk added on some occasions.

32. **Espresso con panna** – Coffee made with whipped cream.

33. **Black tie** – A double shot of espresso combined with traditional Thai iced coffee and sweetened condensed milk.

34. **Chai Latte** – Espresso mixed with spiced tea and steamed milk.

35. **Liqueur Coffee** – Coffee brewed with 25ml shot of liqueur. Sometimes served with cream.

36. **Irish Coffee** – Coffee combined with whiskey and cream and sometimes sweetened with sugar.

37. **Mocha** – Sometimes called a cafe mocha, it is similar to a latte only chocolate syrup is added.

38. **Moka** – Coffee brewed in a moka pot, which passes water through the coffee using pressurized steam.

**IF YOU HAVE A FAVORITE WHY NOT ADD IT TO YOUR COPY OF THIS LIST?**

But, don’t forget to share it with our readers. Email it to editor@spokesmenusa.com along with your latest photo (if you desire) and we will include it in a future issue. Who knows, perhaps you could become a regular correspondent and wind up a journalist.
Blogger has been raving on the internet about the ProShot HDX. It is the hottest item of the year to use on Instagram, YouTube, and All Other Social Media websites.

You know that nagging feeling you get when you go on vacation and think you’ve forgotten something?

For me it was all too real. Because the thing I’d forgotten was one of the most vital things I needed to pack. What did this idiot forget? My CAMERA!

I’d spent over one thousand dollars (much to my wife’s tut tutting) on a Canon EOS 7D with a Canon EF 70-300 mm telephoto lens. As you can imagine, when I realized I’d left it behind I almost did a 180 spin on the freeway to speed back 100 miles to get it.

But then I patted my pocket and knew the vacation was saved. What was in my pocket? Allow me to explain…

My granddaughter let me in on a secret. Recently my granddaughter had shown me Instagram. This is a photo sharing app for your smartphone, where you upload, rate and comment on other people’s photos. Being a photography buff, I was intrigued. And I was amazed at the quality of some of the photos. I couldn’t believe how crisp and detailed some of them were - including those taken from long distances and across wide areas.

I wondered what their secret was. How did they manage to take photos of this quality on a smartphone? Thankfully, my granddaughter was able to let me in on it: Clip on ‘ProShot HDX lenses’.

It turns out that there’s a new range of high quality lenses that you just clip onto your smartphone so you can take DSLR style photos with a smartphone. Well, as you’d expect, I immediately bought a set. I chose the ProShot HDX set based on all the positive reviews. And boy, was I glad I did!

The ProShot HDX comprises of THREE different lenses. The one I used (for the most part this is because it is cheaper to stamp out or injection mold a huge number of car parts at one time and then store them.) In contrast, using 3-D additive manufacturing, a car parts manufacturer can produce only those specific parts needed at the time, and presumably eliminate or dramatically reduce inventory as well as waste.

It is much less expensive to install 3-D custom printing equipment than to build production facilities for metal stamping and injection molding. Another way to phrase this is to say that the entry cost for car parts manufacturers is lower if they use 3-D additive manufacturing than if they need to equip a traditional manufacturing plant with tool and die machinery. Presumably, this can lead to the growth of a multitude of small businesses across the country producing car parts on an as-needed basis.

Instead of having a "hub" system, with all components being sent out from a central manufacturer, the manufacturing would be based on a "cell" system, with the nearest cell manufacturing the car parts as needed.

This implies a paradigm shift from valuing the car parts themselves to valuing the digital information from which the car parts can be digitally printed. The car parts themselves would become a commodity, but the proprietary intellectual value of the digital manufacturing information would rise dramatically. Other than the decentralization of manufacturing, I think this may be one of the more far-reaching effects of 3-D custom printing, not only for the car industry but for any number of other industries as well.

Stay in touch with the printing industry through our FACEBOOK page http://www.facebook.com/pages/Printing-Industry-Exchange/183452115020516 *[Steven Waxman is a printing consultant. He teaches corporations how to save money buying printing, brokers printing services, and teaches pre-press techniques. Steven has been in the printing industry for thirty-three years working as a writer, editor, print buyer, photographer, graphic designer, art director, and production manager.] printindustry.com <newsletter@printindustry.com>
From page 14 - READ 200

Martin Luther once said, “If you want to change the world, pick up your pen and write.” I’d add that if you want to change your world, pick up a book and read.

So how do we accomplish this in a world of binge-watching, incessant social media, commuting, and a million other distractions? The title of a recent article by Charles Chu at Qz.com sums it up well: “In the time you spend on social media each year, you could read 200 books.”

His logic is simple: The average American reads 200 to 400 words per minute. Say a typical book is 50,000 words. Two hundred such books equals 10 million words. At 400 words per minute, it would take 417 hours in a year to read all 200 books. That sounds like a lot, but it’s really just a smidge over an hour a day.

Even so, where would we even find that much time in our busy lives? Well, Chu says the average American spends 608 hours on social media and another 1,642 hours watching TV. “If those hours were spent reading instead,” Chu writes, “you could be reading over 1,000 books a year.”

Chu goes on: “Here’s the simple truth behind reading a lot of books: It’s not that hard. We have all the time we need. The scary part—the part we all ignore—is that we are too addicted, too weak, and too distracted to do what we all know is important.”

So what do we read—besides the Bible? I suggest a judicious mix of history, theology, fiction, and yes, even poetry. And as C.S. Lewis once said, “It is a good rule after reading a new book, never to allow yourself another new one till you have read an old one in between.”

We have more suggestions for you at our online book store at Colson Center.org—where you can check out Chuck Colson’s recommended reading list, and get a look at the books our Colson Fellows are reading.

And speaking of Colson Fellows: We’re now taking applications for this year’s class of reader-leaders. Check us out at: ColsonFellows.org. But whatever you do, get reading!

COUNTDOWN TO CHAOS
by Dick Carmack
dickcarmack@plateautel.net

The law of gravity says that what goes up must come down. Gravity is a physical law but the principle of up and down also applies to our social and monetary systems. The Bible calls it “the curse,” aka “the law of dust.” Science calls it “the second law of thermodynamics” which simply means ALL systems tend to greater disorder, the “law of increasing entropy (disorder).” That law applies to the social world as well as the physical.

Because of the law, when the stock market reaches new heights somewhere we can expect a turning that may reach for new lows. In the beginning of the Trump Presidency, the Dow has reached 20,100. Will it continue to rocket to new heights? Possibly, but more likely we will see a correction, maybe a few percentage points, perhaps many points in the drop to come. Could it match the Great Depression that ravaged the world in the 1930s? It could, or it might end up as the “Greater Depression,” one that could make the 30s look like prosperity.

Some Conservatives (like me) suspect we may have been set up for the greatest economic fall of all time. When I talked to my father-in-law (a life long Democrat) and found out he had voted for Eisenhower in 1956, I asked him why he would do that. He replied, “I figure there’s a big depression comin’ and I want the Republicans to get the blame.” Let’s imagine for a moment the Trump Presidency has been planned from the beginning to usher in the biblical prophesied time of trouble called “Great Tribulation.”

Here’s how it might go; at some point a rug gets pulled and a sudden drop ensues in the stock market. Perhaps 10% or about 2000 points, “Just an expected correction,” we’ll say. The bears try to hibernate and the bulls charge. Then overnight instead of 777 (remember 2008?), we see a 7000 point plunge. Terror now grips even the bulls and a massive attempted sell-off ensues, but the buyers have fled. The DJA drops to 5,000. “Trumponomics has failed!! The rednecks have destroyed the world!! A “Strongman” arises and shouts: “Order MUST be restored! Close the market, ‘Just temporary’ of course.”

Stockbrokers by the hundreds are jumping off buildings, martial law is imposed and a dictator emerges. Who will it be? The Bible says his name is “Antichrist.”

“Hold out your right hand. To prevent total chaos we have to know who everybody is. Hold still, it won’t hurt much, it’s just a little mark!”

Examples of Photos Taken With ProShots Clip On Lenses

From page 16 ProShot PDX
crawlies, flower buds and all the wonderful detail of the small things found in nature.

The ProShot HDX set of lenses easily mounts to any smartphone - Apple, Android or virtually any other, by any manufacturer. You don’t need any special knowledge or technical ability. Simply clip on a lens, with our patented, high-tensile strength bracket. It only takes seconds.

The ProShot HDX lenses are classed as premium lenses, and are priced accordingly. I paid $54.99 for my set, and I was happy to do so due to the improvement in quality.

NOTE: The Forgoing is offered for information only and is not to be considered an endorsement by this publication.
From page 5 - MEAUX

animal (current and past). For several weeks, after we had finished the nightly prayer, Kelli would say, “And all girls.”

This soon became part of her nightly routine, to include this closing. My curiosity got the best of me and I asked her, “Kelli, why do you always add the part about all girls?”

Her response, “Because everybody always finish their prayers by saying ‘All Men!’”

SAY A PRAYER

Little Tommy and his family were having Sunday dinner at his Grandmother’s house. Everyone was seated around the table as the food was being served. When Little Tommy received his plate, he started eating right away. “Tommy! Please wait until we say our prayer,” said his mother.

“I don’t need to,” the boy replied.

“Of course, you do” his mother insisted. “We always say a prayer before eating at our house.”

“That’s at our house.” Tommy explained. “But this is Grandma’s house and she knows how to cook.”

My friend thinks he is smart. He told me an onion is the only food that makes you cry, so I threw a coconut at his face.

A teacher asked her students to use the word “beans” in a sentence.

“My father grows beans,” said one girl.

“My mother cooks beans,” said a boy. A third student spoke up,

“We are all human beans.”

Q: Have you ever had Ethiopian food?
A: Neither have they.

Q: Why did the can crusher quit his job?
A: Because it was soda pressing.

Scientists have discovered a food that diminishes a woman’s sex drive by 90%.
It’s called a wedding cake.

Q: What do you call a sad coffee?
A: Depresso.

Q: If you have 13 apples in one hand and 10 oranges in the other, what do you have?
A: Big hands.

Q: Why do the French eat snails?
A: They don’t like fast food.

Q: How come oysters never donate to charity?
A: Because they are shellfish.

Q: Why don’t Mexicans like to barbecue?
A: Because the beans fall through the grill.

A panda walks into a bar, sits down, and orders a sandwich. He eats, pulls out a gun, and shoots the waiter dead.

As the panda stands up to go, the bartender shouts, “Hey! Where are you going? You just shot my waiter and you didn’t pay for the food!”

The panda yells back, “Hey man, I’m a panda. Look it up!”

The bartender opens his dictionary to panda, “A tree climbing mammal of Asian origin, characterized by distinct black and white coloring. Eats, shoots, and leaves.”